



# Hennepin Schools

## October 2020

### COLD LUNCH

Prices: Student - No Charge, Adult - \$3.85

**SERVED DAILY**

Regular Entrée and/or Meatless/Vegetarian Alternate Entrée  
 Fresh Veggies and/or Lettuce - Carrots, Broccoli, Cucumber, Tomatoes, Celery, and/or Romaine, Iceberg  
 Fresh Fruit - Apple, Orange, Pears, Or Banana  
 Variety of Milk, including Skim

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			Rice Salad w/ Chicken Fruit, Milk VEG - Rice Salad w/ Boiled Egg	Roast Beef & Cheese on Bun Chipotle Beans Fruit, Milk VEG - Egg Salad on Bun
5	6	7	8	9
Deli Salami Sandwich Chickpea Salad Veggies, Fruit, Milk VEG - Multi-Cheese Sandwich	Chicken Ranch Wrap Baked Chips Veggies, Fruit, Milk VEG - Veggie Ranch Wrap	Beef Gyro Salad Pita Bread Fruit, Milk VEG - Cinnamon Roll w/ String Cheese	Deli Turkey & Cheese Sandwich Corn Salad Veggies, Fruit, Milk VEG - Egg Salad Sandwich	<b>No School</b>
12	13	14	15	16
Roast Beef & Cheese on Bun Chipotle Beans Fruit, Milk VEG - Egg Salad on Bun	Chef Salad Dinner Roll Fruit, Milk VEG - Veggie Chef Salad	Deli Turkey & Cheese Sandwich Corn Salad Veggies, Fruit, Milk VEG - Multi-Cheese Sandwich	Walking Taco Veggies, Fruit, Milk VEG - Nacho Cheese w/ Chip	Chicken Shawarma Wrap Chickpea Salad Veggies, Fruit, Milk VEG - Santa Fe Cheese Wrap
19	20	21	22	23
Deli Turkey & Cheese Sandwich Corn Salad Veggies, Fruit, Milk VEG - Multi-Cheese Sandwich	Chicken Fajita Wrap Chipotle Beans Fruit, Milk VEG - Southwest Cheese Wrap	Beef Gyro Bowl Fruit, Milk VEG - Cinnamon Roll w/ String Cheese	Deli Salami Sandwich Veggies, Fruit, Milk VEG - Multi-Cheese Sandwich	Chicken Salad on Bun Veggies, Fruit, Milk VEG - Egg Salad on Bun
26	27	28	29	30
Deli Turkey & Cheese Sandwich Veggies, Fruit, Milk VEG - Egg Salad Sandwich	Chicken Taco Salad Baked Chips Fruit, Milk VEG - Garden Salad	Tuna Salad on Bun Corn Salad Veggies, Fruit, Milk VEG - Cinnamon Roll w/ String Cheese	Chicken Curry Pasta Salad Veggies, Fruit, Milk VEG - Chickpea Curry Pasta Salad	<b>No School</b>

**MENUS SUBJECT TO INFREQUENT CHANGE  
 BASED ON AVAILABILITY OF ITEMS**  
 Note: Menus may use ingredients that contain peanuts,  
 other nuts/seeds, milk, egg, soybean, and other products.

**This institution is an equal opportunity provider.**

**Our Commitment**  
**“Healthy Food, Healthy Message”**  
 We provide wholesome, delicious, real food  
 that helps teach the right message to children.

**ANY QUESTIONS? CONTACT:**  
 School Office @ 763-546-9999 or  
 DONE RIGHT FOOD @ 763-789-4493 or  
[www.donerightfood.com](http://www.donerightfood.com)

