

HENNEPIN MIDDLE SCHOOL

OCTOBER 2021

HOT LUNCH

PRICE: STUDENT - No Charge

SERVED DAILY

Regular Entrée and/or Meatless/Vegetarian Alternate Entrée
 Fresh Veggies and/or Lettuce - Carrots, Broccoli, Cucumber, Tomatoes, Celery, and/or Romaine, Iceberg, Spinach
 Low Fat Dressing/Dip
 Fruit - Apple, Orange, Pear, Banana, Raisins, Craisins, OR Applesauce Cup
 Variety of Milk, including Skim

Monday	Tuesday	Wednesday	Thursday	Friday
				1
				Cheese Pizza
				Salad, Veggies, Fruit, Milk
				Same
4	5	6	7	8
Turkey Corn Dog Pinto Beans Salad, Fruit, Milk Cheese Quesadilla	Cheeseburger Salad, Veggies, Fruit, Milk Cheesy Pasta	Walking Taco (w/ Baked Chips) Salad, Veggies, Fruit, Milk Italian Tofu on Bun	Chicken Strips Steamed Corn & Roll Salad, Fruit, Milk Tofu Enchilada Bake	No School
11	12	13	14	15
Swedish Meatballs Pasta & Roll Salad, Veggies, Fruit, Milk Tofu Stroganoff	Turkey Hot Dog Pinto Beans Salad, Fruit, Milk Multi-Cheese Melt w/ Chips	Chicken Shawarma Steamed Rice Salad, Veggies, Fruit, Milk Hummus w/ Pita	Sloppy Joe Roasted Potatoes Salad, Fruit, Milk BBQ Tofu on Bun	Cheese Pizza Salad, Veggies, Fruit, Milk Same
18	19	20	21	22
BBQ Chicken on Bun Potato Wedges Salad, Fruit, Milk BBQ Tofu on Bun	Pasta w/ Meatsauce Soft Breadstick Salad, Veggies, Fruit, Milk Italian Pasta w/ Tofu	Chicken Shawarma Wrap Baked Chips Salad, Veggies, Fruit, Milk Santa Fe Tofu Wrap	Seasoned Chicken Leg Pinto Beans & Biscuit Salad, Veggies, Fruit, Milk Hummus w/ Pita	Cheese Pizza Salad, Veggies, Fruit, Milk Same
25	26	27	28	29
Chicken Alfredo Dinner Roll Salad, Veggies, Fruit, Milk Cheesy Pasta	Meatball Sub Pinto Beans Salad, Fruit, Milk Multi-Cheese Melt (Baked Chips)	Orange Chicken Steamed Rice Salad, Veggies, Fruit, Milk Orange Glazed Tofu	Soft Shell Beef Taco Steamed Corn Salad, Fruit, Milk Cheese Quesadilla	No School

**MENUS SUBJECT TO INFREQUENT CHANGE
 BASED ON AVAILABILITY OF ITEMS**

Note: Menus may use ingredients that contain peanuts, other nuts/seeds, milk, egg, soybean, and other products.

All Done Right Food meals are Pork-Free.

This institution is an equal opportunity provider.

Done Right Food
 School & Event Catering Services



Our Commitment

"Healthy Food, Healthy Message"
 We provide wholesome, delicious, real food that helps teach the right message to children.

ANY QUESTIONS? CONTACT:

School Office or
 DONE RIGHT FOOD @ 763-789-4493 or
www.donerightfood.com