

# Hennepin Middle School

**January 2022**

**HOT LUNCH**

**PRICE: STUDENT - No Charge**

**SERVED DAILY**

Regular Entrée and/or Meatless/Vegetarian Alternate Entree  
 Fresh Veggies and/or Lettuce - Carrots, Broccoli, Cucumber, Tomatoes, Celery, and/or Romaine, Iceberg, Spinach  
 Low Fat Dressing/Dip  
 Fruit - Apple, Orange, Pear, Banana, Raisins, Craisins, OR Applesauce Cup  
 Variety of Milk, including Skim

Monday	Tuesday	Wednesday	Thursday	Friday
<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>
Soft Shell Beef Taco w/ Baked Beans Salad, Fruit, Milk Cheese Quesadilla	Teriyaki Chicken Leg Steamed Corn & Biscuit Salad, Fruit, Milk BBQ Tofu on Bun	Pasta w/ Meatballs Dinner Roll Salad, Veggies, Fruit, Milk Italian Pasta w/ Tofu	Chicken Shawarma w/ Steamed Rice Salad, Veggies, Fruit, Milk Hummus w/ Pita	Cheesy Breadsticks Marinara Sauce Salad, Veggies, Fruit, Milk Cheesy Breadsticks w/ Marinara
<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>
Sloppy Joe Potato Wedges Salad, Fruit, Milk BBQ Tofu on Bun	Walking Taco w/ Pinto Beans Salad, Fruit, Milk Santa Fe Tofu Wrap	Chicken Alfredo Dinner Roll Salad, Veggies, Fruit, Milk Cheesy Pasta	Orange Chicken w/ Steamed Rice Salad, Veggies, Fruit, Milk Orange Glazed Tofu	<b>No School</b>
<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>
<b>No School</b>	Chicken Fajita Wrap Baked Beans Salad, Fruit, Milk Cheese Burrito	Swedish Meatballs w/ Pasta Dinner Roll Salad, Veggies, Fruit, Milk Tofu Stroganoff	Marinated Chicken Leg Yellow Rice Salad, Veggies, Fruit, Milk Mac & Cheese w/ Roll	Walking Taco Salad, Veggies, Fruit, Milk Same
<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>
Turkey Hot Dog Pinto Beans Salad, Fruit, Milk Cheese Quesadilla	Salisbury Steak Steamed Corn & Biscuit Salad, Fruit, Milk Multi-Cheese Melt	Marinated Chicken Leg w/ Yellow Rice Salad, Veggies, Fruit, Milk Cheese Burrito	Orange Chicken Steamed Rice Salad, Veggies, Fruit, Milk Orange Glazed Tofu	Cheese Pizza Salad, Veggies, Fruit, Milk Same
<b>31</b>				
Chicken Fajita Wrap Baked Beans Salad, Veggies, Fruit, Milk Southwest Cheese Wrap				

**MENUS SUBJECT TO INFREQUENT CHANGE  
 BASED ON AVAILABILITY OF ITEMS**

Note: Menus may use ingredients that contain peanuts, other nuts/seeds, milk, egg, soybean, and other products.

All Done Right Food meals are Pork-Free.

*This institution is an equal opportunity provider.*



**Our Commitment**  
 "Healthy Food, Healthy Message"  
 We provide wholesome, delicious, real food that helps teach the right message to children.

**ANY QUESTIONS? CONTACT:**  
 School Office or  
 DONE RIGHT FOOD @ 763-789-4493 or  
[www.donerightfood.com](http://www.donerightfood.com)